

# Improving Health, One Neighbor at a Time

Fall 2018



A health worker takes a local resident's blood pressure. Photo by Harmon Moats.

The [Community Wellness Center](#) on Columbia's Manhattanville campus opened this year, providing residents of Upper Manhattan a broad range of health services, including free blood-pressure readings and cholesterol screenings.

Under the direction of Columbia physicians Olajide Williams '04PH and Sidney Hankerson, the Wellness Center, located on the ground floor of the Jerome L. Greene Science Center, also trains residents of Harlem and the surrounding area to serve as community-health advocates, promoting cardiovascular and mental health among their neighbors.



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